

# Australian Complementary Listed Medicines Regulatory Reforms

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Natural Health Products NZ – Suppliers' Day

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# Agenda

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- Regulation of complementary medicines in Australia
- Permitted ingredients
- New ingredient evaluation
- Permitted indications
- Advertising framework
- Future reforms

## **Foods**

Must comply with a Food Standard  
May not include vitamins, minerals etc. unless specifically permitted  
May make some health claims

**Regulated by FSANZ**

## **Cosmetics**

Alter physical appearance  
Cleanse  
Deodorise  
Applied topically

**Regulated by NICNAS**

## **Complementary Medicines Therapeutic Goods**

Symptom relief & management  
Supplementation  
Ingested internally  
May be applied topically

**Regulated by TGA**

# Regulation of Complementary Medicines in Australia

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## 1. Listed Medicines – AUST L

No pre-market evaluation

1. Pre-approved GMP
2. Pre-approved ingredients
3. Permitted indications

## 2. Assessed Listed Medicines – AUST L (A)



Pre-market evaluation for:

- Efficacy – intermediate and permitted level indications
- Optional ‘claimer’ (under review)
  1. Pre-approved GMP
  2. Pre-approved ingredients
  3. Permitted indications

# Regulation of Complementary Medicines in Australia

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## 3. Registered Medicines – AUST R

Pre-market evaluation for

- Quality
- Safety
- Efficacy
- Optional 'claimer' (under review)

# Permitted ingredients

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- Contained in [Therapeutic Goods \(Permissible Ingredients\) Determination](#) (No. 2 of 2018)
- Meet all requirements set out in the Determination
- Can apply for new ingredients to be evaluated and added to the Determination
- Need to demonstrate quality and safety of new ingredient, as outlined in the [ARGCM](#)

# New ingredient evaluation

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- Once approved added to the Therapeutic Goods (Permissible Ingredients) Determination
- Exclusive use for 2 years by: 
  - the ingredient applicant
  - others authorised by the applicant

# New ingredient evaluation



## 4 application categories:

Category	Quality evaluation	Safety evaluation
IN1	Based on evaluation reports from a comparable overseas regulator (COR).	Based on evaluation reports from a COR.
IN2	Independent evaluation by the TGA.	Based on evaluation reports from a COR.
IN3	Based on: <ul style="list-style-type: none"><li>- Evaluation reports from a COR; or</li><li>- A monograph contained in a default standard (BP/USP/EP).</li></ul>	Independent evaluation by the TGA.
IN4	Full independent evaluation by the TGA.	Full independent evaluation by the TGA.



# Permitted Indications

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- [Therapeutic Goods \(Permissible Indications\) Determination](#)
- Only indications from permitted list can be claimed for the product (AUST L)
- You can apply for new indications to be added. An application fee applies
- [Evidence guideline](#) – Guidelines on the evidence required to support indications for listed complementary medicines
- 3 year transition period for sponsors of existing listed medicines



New code

[Therapeutic Goods Advertising Code 2015](#)

[Therapeutic Goods Advertising Code 2018](#) (In effect  
1 January 2019)

Single complaints body

- TGA handling and managing complaints for advertising of therapeutic goods to the public

New 4 tier complaint handling model

- Critical, High, Medium and Low
- Applicable to corporations and individuals

## Education development

- NEW online portal [Advertising hub](#)
- New consumer specific [educational materials](#)

Pre-approval required of specified media advertisements until 30 June 2020

New and enhanced sanctions and penalties

# Future reforms

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- Use of comparable overseas regulator (COR) reports
- Efficacy assessment 'claimer'

## Further information

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Further information on presentation topics including new ingredient evaluations contact [Robert@rfareg.com](mailto:Robert@rfareg.com)

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# Any Questions?

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# Thank you

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